



Wrap Bracelet

Designed by Julie A. Bolduc

This bracelet is made with recycled plastic from a white milk jug and the outer plastic wrap from a spool of beading thread. It is fun and fairly easy to make and can be completed in a few evenings. It will fit a small to medium wrist.

Materials Needed

DMC Perle 8 Cotton in Color #798

1 empty opaque white empty quart milk jug cleaned and dried.

1 plastic outer wrap from a spool of beading thread

Tools Needed

Pair of Sharp scissors

1/4" paper punch

1/8" paper punch

Size 6 Steel crochet Hook

Tapestry Needle

Yarn Thickness: 8thread

Gauge: 11sc = 1"

Finished Size: 2½" diam x ¾" wide

Skill Level: Intermediate

Instructions

Prepare plastic circles. You will need to make a total of 84 circles with holes in them.

NOTE it is ok if the little holes are off center. It looks better on the bracelet that way.

1. Remove the labels from the milk jug
2. Cut out the flat parts of the white milk
3. Using your 1/8" punch, punch a bunch of holes about 3/8" apart in a straight line.
4. Using your 1/4" punch, punch over the 1/8" holes you just made. This will take awhile to punch all of the circles out. It is a good task to do while watching TV. Set these aside in a little dish. I used an empty dry drink mix cup that came from the inside of a Crystal Light container.

Outside of Bracelet ROW 1: Ch10. Sc in 2nd ch from hook and in each ch across. Ch3, turn.

ROW 2: Sk first sc. Dc in each st across. Ch1, turn.

ROW 3: Sc in first dc. *Insert hook in your next stitch, put a circle on the hook, yo, pull through circle and stitch, yo pull through lps on hook. Sc in next dc. (see note) Repeat from * 3 times more. Ch3, turn.

NOTE: Basically what you are doing is working sc stitches all the way across but you are putting the plastic circles in 4 of the sc stitches on each sc row.

ROW 4-43: Repeat ROWs 2 & 3. At the end of ROW 43, ch1, turn.

ROW 44: Sc in each st across. Fasten off and weave ends into back of work. **Inside of Bracelet**

ROW 1: ROW 1: Ch10. Sc in 2nd ch from hook and in each ch across. Ch3, turn.

ROW 2: Sk first sc. Dc in each st across. Ch1, turn.

ROW 3: Sc in each st across.

ROW 4-43: Repeat ROWs 2 & 3. At the end of ROW 43, ch1, turn.

ROW 44: Fasten off and weave all ends into back of work.

Assembly:

Lay the outside piece on top of the inside piece wrong sides facing each other. Join thread to top left corner stitch through both layers. Sc in same st. Ch1. (*2sc in next dc row through both layers. Ch1. Repeat from * 20 times more. Ch 1 more to go around the corner.) Work 1 sc in each of the 10 stitches across the bottom. Ch2 to go around the corner. Rep bet () one more time. Slip the plastic wrap inside your work making sure the white circles are on the outside. Continue with a Sc in each of the 10 stitches across the top. Join w/slst to first sc. Fasten off and weave ends into back of work.

