



# Thermal Stitch Mittens

Designed by Julie A. Bolduc

These mittens are made using a variation of the thermal stitch. Instead of going back and forth in rows, it is done in the round.

## Materials Needed

Worsted weight acrylic yarn in desired color. 4oz Red Heart Super Saver in baby blue was used in the example  
Size H/8 aluminum crochet hook  
Yarn needle for weaving in ends

**Yarn Thickness:** 4mm

**Gauge:** 4sc = 1"

**Finished Size:** Fits average woman's hands

**Skill Level:** Advanced



## Instructions

### Special Stitch Begscfbb

**(Beginning Single Crochet Front Back Bobble):** When you get back to the end of a round and you need to join to the top of ch2, what you will do is join to the back lp only of that stitch then ch1 and insert hook in the front lp from inside toward you, pull up a lp, yo pull up a lp and pull through all 3 lps on hook.

### Special Stitch Scfbb (Single Crochet Front Back Bobble):

Insert hook in back lp of next st, pull up a lp, yo, pull through 1 lp on hook, insert hook in front lp of same st, from inside toward you, yo pull up a lp, yo pull through all 3 lps on hook.

### Special Stitch Scfbbdec (Single Crochet Front Back Bobble Decrease):

Insert hook in bk lp of next st, yo, pull up a lp, yo pull through 1 lp on hook, insert hook in front lp of same st from inside toward you and draw up a lp, insert hook in next st and draw up a lp, yo and draw through all 4 lps on hook.

## Cuff

**ROW 1:** Leave an end about 12" long. Ch8. Sc in 2nd ch from hook and in each ch across. Ch1, turn.

**ROW 2-26:** Sc in each sc across. Ch1, turn. Do not fasten off. Stitch the first row to the last row using a lacing stitch with the 12" end then weave it the rest of that end into work.

**RND 1:** Now that you have a tube, Continue working with yarn you did not fasten off. Ch1. Work a sc in each end of each row around. You should end up with 26 sc around. Join w/slst to first sc.

**RND 2:** Ch2. Scfbb in next st. \*Hdc in next st. Scfbb in next st. Rep from \* around. Join w/slst to top of ch2.

**RND 3:** Begscfbb in same st as slst. Hdc in next st. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to begscfbb.

**RND 4:** Repeat RND 2.

**RND 5:** Repeat RND 3.

**RND 6:** Repeat RND 2.

**RND 7:** Ch2. 2hdc in same st as slst. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to top of ch2.

**RND 8:** Begscfbb in same st as slst. 3hdc in next st. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to begscfbb.

**RND 9:** Ch2. Scfbb in next st. 3Hdc in next st. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to top of ch2.

**RND 10:** Begscfbb in same st as slst. Hdc in next st. Scfbb in next st. 3hdc in next st. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to begscfbb.

**RND 11:** Ch2. Scfbb in next st. Hdc in next st. Scfbb in next st. 3hdc in next st. Scfbb in next st. \*Hdc in next st. Scfbb in next st. Rep from \* around. Join w/slst to top of ch2.

## **Thumb**

**RND 1:** Begscfbb in same st as slst. Hdc in next st, scfbb in next st, 4 times. Hdc in same st as last scfbb. Join w/slst to begscfbb.

**RND 2:** Ch2. Scfbb in next st. \*Hdc in next st. Scfbb in next st. Rep from \* around. Join w/slst to top of ch2.

**RND 3:** Begscfbb in same st as slst. Hdc in next st. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to begscfbb.

**RND 4:** Repeat RND 2 of thumb.

**RND 5:** Repeat RND 3 of thumb.

**RND 6:** Ch2. \*Scfbb in next st. Skip next st. Rep from \* around. Join w/slst to ch2. Fasten off and gather up the tip of the thumb & weave ends in.

## **Palm**

Lay mitten in front of you so the thumb is on the right and the cuff is on the bottom. Insert hook in first

unworked st at top right next to the thumb. Join yarn in this stitch.

**RND 1:** Ch2. Scfbb in next st. \*Hdc in next st. Scfbb in next st. Rep from \* around till you get to the other side of the thumb at the last unworked st. You should end up with a scfbb in that last st. Work 3 hdc across the base of the thumb. Join w/slst to top of ch2.

**RND 2:** Begscfbb in same st as slst. Hdc in next st. \*Scfbb in next st. Hdc in next st. Rep from \* around. Join w/slst to begscfbb.

**RND 3:** Ch2. Scfbb in next st. \*Hdc in next st. Scfbb in next st. Rep from \* around. Join w/slst to top of ch2.

**RND 4:** Repeat RND 2 of palm.

**RND 5:** Repeat RND 3 of palm.

**RND 6:** Repeat RND 2 of palm.

**RND 7:** Repeat RND 3 of palm.

**RND 8:** Repeat RND 2 of palm.

**RND 9:** Ch2. Scfbbdec 1, Hdc in next st, 9 times. Scfbbdec 1. Join w/slst to top of ch2.

**RND 10:** Begscfbb in same st as slst but before drawing through all lps on hook, insert hook in next st, yo pull up a lp, then yo and draw through all lps on hook. (Begscfbbdec made). Hdc in next st. Scfbbdec 1, hdc in next st, 5 times. Scfbb in next st. Join w/slst to begscfbbdec.

**RND 11:** Ch2. Scfbbdec 1, hdc in next st, 4 times. Scfbb in next st. Join w/slst to top of ch2.

**RND 12:** Begscfbb in same st as slst. Hdc in next st, scfbbdec 1, 3 times. Join w/slst to begscfbb. Fasten off and weave end through last round to gather up and close. Weave ends into back of work.

## **Next Mitten.**

Repeat all instructions for 2nd mitten.